

Our soup, quiche and cakes are all locally-made and delivered daily ~ see below for today's menu

Lunch options are served from 11.30

**Locally made, seasonal soup** £4.00

With organic bread

- Cream of Tomato & Fennel (v)
- Cream of Courgette (v)

**Quiche** £5.90

Served warm with a dressed salad

- Courgette, Mushroom, Cheddar & Feta Cheese (v)
- Tomato & Cheddar (v)

**Ciabatta Sandwiches** £5.90

Served with a dressed salad

- Perthshire Ham, Cheddar & Tomato
- Brie, with Plum and Raisin Chutney (v)
- Gruyere & Avocado, with Tomato & Lime Chutney

**Sweet Eats** £ 2.50

We generally have a range of home-made sponges fruit cake, brownies and flapjacks.

Check with our waiting staff as to availability.

## COFFEE

Our espresso-based coffees are all made from our Darwin blend —beans from Ethiopia Sidamo, Peru and Honduras. This produces a medium roast coffee with a smooth chocolate / berry flavour. Fairtrade, organic, Rainforest Alliance

Latte, Cappuccino	£2.60
Mocha	£2.80
Gingerbread Latte	£2.80
Cinnamon Latte	£2.80
Espresso	£1.90
Macchiato	£2.20
Americano (long, black)	£2.30
Flavoured Syrup	£0.20

All our drinks are two-shot;  
If you prefer a smaller drink, please ask. (less 40p)

Cafetiere - per person	£2.80
------------------------	-------

Made with our Tiki blend—a mixture of beans from Guatemala, Honduras and Peru, giving a smoky, sweet, tobacco taste. Light, medium bodied.

All available decaf

Let us know if you prefer semi-skimmed or soya milk.

## HOT CHOCOLATE

Our Fairtrade, organic hot chocolate	small / regular	£1.80 / £2.60
--------------------------------------	-----------------	---------------

We make our drinks with full fat milk, but if you prefer you can specify semi-skimmed or soya.

## **SOFT DRINKS**

### **Organic Juices (bottles)**

Apple, Orange, Pear, Apple & Ginger £1.90

### **Fentimans — 'Botanically Brewed' - fizzy!**

Curiosity Cola, Ginger Beer £1.90

### **Carbonated Organic (cans)**

Lemonade, Raspberry & Apple, Elderflower £1.30

### **Bottled Water**

Still / Carbonated £1.10

**TEA - all loose leaf** per person £2.10

**A wide range of black, green and white teas, plus herbal and fruit teas —  
Suki brand**

Our teas are served the proper way—in a tea pot!

We give you a jug of hot water too, so you can customise to your preferred strength—and there's scope to squeeze a second cuppa. Let us know if you prefer lemon to milk.

RELAX AND ENJOY

Breakfast; Belfast, Darjeeling, Earl Grey, Spiced Citrus, Green Tea Sencha;  
Green Tea Ginseng; Jasmine; Oolong; Rooibos, Green Rooibos Citrus  
Lemongrass & Ginger Twist, Red berry, Peppermint, Camomile, Apple & Mint